

KEONE'ULA SCHOOL

SEPTEMBER 2016 MENU

MENU SUBJECT TO CHANGE WITHOUT NOTICE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



<p>5</p> <p>BREAKFAST- PEPPERONI PIZZA STIX ORANGE WEDGE APPLE JUICE</p> <p>POTATO CRUNCHY FISH WEDGE STEAMED RICE &amp; POM SWIRL OFFER: BAKED BEANS RAINBOW SALAD</p>	<p>6</p> <p>BREAKFAST- MAPLE PANCAKE WRAP APPLESAUCE CRANBERRIES</p> <p>HAMBURGER STEW STEAMED RICE OFFER: MIXED FRUIT WG ROLL</p>	<p>7</p> <p>BREAKFAST: BELGIAN WAFFLE W/ SYRUP ,MIXED FRUIT ORANGE JUICE</p> <p>BEEF HOT DOG IN WG BUN TATER TOTS OFFER: GARDEN SALAD APPLE WEDGE &amp; HUMMUS</p>	<p>1</p> <p>BREAKFAST: PIZZA BAGEL MIXED FRUIT GRAPE JUICE</p> <p>PEPPERONI PIZZA FRUIT JUICE OFFER: GARDEN SALAD BABY CARROTS, HUMMUS</p>	<p>2</p> <p>BREAKFAST: HAWAIIAN STYLE SAUSAGE STEAMED RICE, PEACHES APPLE JUICE</p> <p>KALUA PORK W/ CABBAGE STEAMED RICE OFFER: LOMI TOMATO TROPICAL PINEAPPLE</p>
<p>12</p> <p>BREAKFAST- PEPPERONI PIZZA STIX ORANGE WEDGE APPLE JUICE</p> <p>POTATO CRUNCHY FISH WEDGE STEAMED RICE &amp; POM SWIRL OFFER: BAKED BEANS RAINBOW SALAD</p>	<p>13</p> <p>BREAKFAST - HAM LINKS STEAMED RICE PEACHES &amp; GRAPE JUICE</p> <p>CRISPY NACHOS W/ BEEF &amp; CHEESE FRUIT JUICE OFFER: GARDEN SALAD</p>	<p>14</p> <p>BREAKFAST- WG CINNAMON BUN TROPICAL PAPAYA &amp; PINE CHUNK ORANGE JUICE</p> <p>TASTY GOLDEN CHICKEN TENDERS ON SHREDDED CABBAGE ,STEAMED RICE OFFER: BROCCOLI &amp; CARROTS APPLE SAUCE</p>	<p>8</p> <p>BREAKFAST: HAWAIIAN STYLE SAUSAGE STEAMED RICE, ORANGE WEDGES GRAPE JUICE</p> <p>CREOLE MACARONI PEACHES OFFER: VEGGIE STICKS &amp; HUMMUS WG FRENCH BREAD</p>	<p>9</p> <p>BREAKFAST: PINEAPPLE SMOOTHIE BAGEL ORANGE WEDGE</p> <p>BREADED CHICKEN NUGGET STEAMED RICE &amp; PINEAPPLE CHUNKS OFFER: SHREDDED LETTUCE AND TOMATO BABY CARROTS AND HUMMUS</p>
<p>19</p> <p>BREAKFAST: MINI PANCAKES DICED PEARS APPLE JUICE</p> <p>CHICKEN PATTY ON WG BUN OVEN FRIES OFFER: LETTUCE LEAF &amp; TOMATO SLICE ORANGE WEDGE</p>	<p>20</p> <p>BREAKFAST: BREAKFAST BREAD PINE CHUNKS GRAPE JUICE</p> <p>ITALIAN SPAGHETTI W/ MEAT SAUCE PEACHES OFFER: SPINACH ROMAINE SALAD WG FRENCH BREAD</p>	<p>21</p> <p>BREAKFAST: PORK SAUSAGE PATTY w/ STEAMED RICE ,APPLESAUCE ORANGE JUICE</p> <p>CHICKEN AND MASH BOWL APPLE WEDGE OFFER: HOT VEGETABLE MEDLEY WG ROLL</p>	<p>15</p> <p>BREAKFAST: SCHOOL MADE COFFEE CAKE TURKEY SAUSAGE LINKS, MIXED FRUIT, GRAPE JUICE</p> <p>CHEESEBURGER &amp; POTATO WEDGES APPLE WEDGE OFFER: LETTUCE LEAF &amp; TOMATO SLICE BABY CARROT &amp; HUMMUS</p>	<p>16</p> <p>BREAKFAST: WG FRENCH TOAST W/ PANCAKE SYRUP ,PINE CHUNKS CRANBERRIES</p> <p>TERI CHICKEN ON SHREDDED CABBAGE STEAMED RICE OFFER: HOT VEGETABLE MEDLEY PEACHES AND WG ROLL</p>
<p>26</p> <p>BREAKFAST- MAPLE PANCAKE WRAP APPLESAUCE CRANBERRIES</p> <p>BEEF STEW STEAMED RICE OFFER: MIXED FRUIT WG ROLL</p>	<p>27</p> <p>BREAKFAST: SCHOOL MADE BANANA BREAD TROPICAL PINEAPPLE, GRAPE JUICE</p> <p>BEEF HOT DOG IN WG BUN TATER TOTS OFFER: GARDEN SALAD &amp; HUMMUS APPLE WEDGE</p>	<p>28</p> <p>BREAKFAST: BELGIAN WAFFLE W/ SYRUP ,MIXED FRUIT ORANGE JUICE</p> <p>CREOLE MACARONI PEACHES OFFER: VEGGIE STICKS &amp; HUMMUS WG FRENCH BREAD</p>	<p>22</p> <p>BREAKFAST: PIZZA BAGEL MIXED FRUIT GRAPE JUICE</p> <p>ITALIAN SAUSAGE &amp; CHEESE PIZZA FRUIT JUICE OFFER: GARDEN SALAD BABY CARROTS &amp; HUMMUS</p>	<p>23</p> <p>BREAKFAST: HAWAIIAN STYLE SAUSAGE STEAMED RICE, PEACHES APPLE JUICE</p> <p>KALUA PORK W/ CABBAGE STEAMED RICE OFFER: LOMI TOMATO TROPICAL PINEAPPLE</p>
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PLEASE DO NOT FORGET TO DEPOSIT  
MONIES INTO YOUR ACCOUNT

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

ALL MENUS INCLUDE A CHOICE OF HALF PINT  
1% OR SKIM MILK